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ABSTRACT OF THE DISCLOSURE

A drip absorption mat is provided, which is capable of preventing the color deterioration of foods such as meats on the side in contact with said mat when foods such as meat are mounted thereon. A drip absorption mat which is laid under drip-oozing foods is composed of an absorption sheet to absorb drips and a porous surface sheet which is arranged over this absorption sheet and in contact with food, so that color deterioration of meats on the side in contact with the drip absorption mat is prevented by improving the breathability of the drip-absorption mat.